

Waiheke Island Supported Homes

supporting personal development in a caring community

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Mission Statement

We believe that all people are entitled to freedom of choice that enables them to access a lifestyle that meets their individual needs, whilst recognising the needs and values of the community they live in:

"Together we support and encourage each other's potential to grow in an environment of respect, trust and aroha."

WISH Trust is committed to the principles of Te Tiriti o Waitangi. While we are not a kaupapa service three of our staff members are Maori. We are constantly reviewing our service delivery to ensure cultural safety and compliance with tikanga Maori procedures. Residents who are Maori will be guaranteed an environment in which their cultural needs will be respected and encouraged.

Welcome

WISH is situated at Ostend, on Waiheke Island. Accommodation is provided in two houses, set in large gardens, close to beaches and public transport. WISH employs ten full-time staff and provides 24 hour, 7 days-a-week care by residential rehabilitation support workers, supervised by a clinical manager who is a registered psychologist. A consumer staff member is employed as an advocate for residents. A horticultural trainer is employed to assist residents in the organic gardening programme.

Referrals and Admission

Referrals will be considered of adults with a history of Axis 1 psychiatric illness, who have been assessed by the Regional Coordination Service (RCS) as being in need of Level 3 care.

Intending residents or their families should ask the person currently providing their psychiatric care if an RCS assessment has been made. Your worker must also check with WISH to see if a bed is available.

When a referral is made to WISH your worker will also be asked to contact the A+ Community Mental Health Service (CMHS) at the Taylor Centre, and make a request for transfer of care from your present clinical care provider to the Taylor Centre. When this is completed, intending residents may have a trial period at WISH for up to two weeks. Residents trialling at WISH must bring adequate casual clothing, money for outings and cigs, etc, and personal toiletries.

Waiheke Island Services Waiheke Island clinical care services are provided by A+ through the Taylor Centre. Taylor Centre provide a Monday to Friday daytime hour psychiatric nurse located at the Waiheke Health Trust. A psychiatrist visits the island once a week and is available by appointment to the residents at WISH. A psychologist visits the island once a fortnight and is also available to WISH residents by appointment.

Piritahi Hauora

The pan-tribal marae provides a drug and alcohol counselling services and a social worker and GP which residents of any ethnicity can access.

There is no Crisis Assessment and Treatment Team (CATT) service available on Waiheke Island. Nor is there an adolescent service, early intervention service, mental health service to elderly or personality disorder service availability on the island. Referrals for these services can be made to appropriate clinicians on the mainland.

Facilities

Each resident has their own room, and residents are encouraged to bring personal items to furnish their rooms. Each room has a bed, and storage for clothing, while each house has cooking and lounge areas, laundry and bathroom. Telephones, TV, radios and internet access are provided in the communal areas.

Both houses share an activities workshop with a spa pool, pool table, table tennis, and dart board.

Activities

WISH provides both on and off-site activities. Residents can pursue hobbies and participate in a supervised horticultural programme. Financial reimbursement at minimum wage rates of \$7.50 per hour and by way of profit share is available to residents engaging in the horticultural programme.

WISH provides a minivan for group outings to local beaches, shops and cafes.

Residents may also arrange to attend church, local support groups or care and craft.

Meals and chores

All food and drinks are provided, and residents are encouraged to participate in the selection and purchase of groceries, preparation of meals and management of the homes. All residents are expected to keep their own rooms tidy and clean, and to assist with household duties. Participation in daily chores and household maintenance is an expectation. Residents will be offered support if these tasks cause difficulties. Smoking is permitted only in designated areas of the houses.

Visitors

Residents are encouraged to invite family and friends to visit at WISH. Privacy Act considerations will be respected and informed consent is required before any family member is involved in a resident's care or given information about a resident. Overnight visits and meal visits by friends or family members must be arranged in advance with the clinical manager.

Code of Rights and Responsibilities

A copy of the Code is given to each resident on arrival, and prominently displayed in each home.

Non Negotiable Rules

No physical or verbal abuse or harassment of others

No illicit drug use

No alcohol

No smoking in non-smoking areas

No criminal offending

Serious violation of the House Rules may result in the resident being asked to leave.

Doctors

All residents at WISH are cared for by the Taylor Centre psychiatrist and community nurses.

A local GP visits once a month to attend to any physical health needs, and additional visits to the surgery are arranged if needed. Residents who require additional services such as dentistry, physiotherapy, or specialist appointments will be assisted to organize and attend the appropriate service.

Generic and psychotropic medications are blister packed by the local pharmacist and unless specified by the psychiatrist, residents are required to be supervised taking medications. Residents are expected to comply with their psychiatric care recommendations.

Financial

Residents care is financed by Health Funding Authority (HFA).

WINZ also subsidise residents and a proportion of this amount (\$84 a fortnight) is paid directly into resident's account. In addition WISH give residents an allowance of \$83 a fortnight. Residents are required to manage their own money.

Staff will assist to ration money or tobacco etc at a resident's request.

Budget assistance can be provided by staff or the local Budget Service.

Contacts

We have a referral form and this can be sent to any potential resident on request. The service is funded for a maximum of 10 residents and if there are no current vacancies, we can place a prospective resident on our waiting list.